Yorihide Fukushima, born in Maebashi, Gunma Prefecture, Japan, graduated from Department of Political Science, Faculty of Law, Keio University. He majored in modern Japanese politics and polimetrics. He studied composition under Teruaki Suzuki, piano under Yoshie Sekine, flute under the late Yasuharu Takahashi, trumpet under Yoshihide Yasuda, vocal under Yasuro Tokieda, popular music theory under Satoshi Kobayashi, and Jazz piano under Takako Nishida.

He composed and arranged numerous works and planned concerts for Japanese leading orchestras such as Tokyo Philharmonic Orchestra, Tokyo Metropolitan Symphony Orchestra, Sendai Philharmonic Orchestra, and Kyoto Symphony Orchestra. In 2003 he was in charge of planning and musical arrangement for a concert of Tokyo Philharmonic Orchestra under the baton of Chung Myung-Whun, a world renowned conductor. The concert was released on DVD. His works have been performed by conductors including Ken-Ichiro Kobayashi, Kazuhiro Koizumi, Masahiko Enkoji, Kazufumi Yamashita, Kazumasa Watanabe, Orie Suzuki, and Kim Seikyo, opera singers like Satsuki Adachi, Emi Sawahata, Ken Nishikiori, and Kei Fukui, and lots of musicians and artists such as Nobuo Furukawa, Kei Tani, Kaientai, Junichi Inagaki, Yukihide Takekawa, Ryu, Machiko Watanabe, Mayo Shono, Ryoko Tsunoda, Marina Watanabe, and AKB48.

There are also a number of his works composed and arranged for Japanese traditional instruments. These works have been played by Dozan Fujiwara, Satomi Fukami and Pro Musica Nipponia.

He also actively writes music for TV programs such as Saturday Night at the Mysteries (TV Asahi), Monday Drama Special (TBS) and News Station (TV Asahi), musical and stage shows, and many kinds of event.

He works on composing and planning for events and concerts in local government and concert halls including Yokohama Minato Mirai Hall, Bunkyo Civic Hall, Suntory Hall and Kioi Hall. In 2004 he was appointed art adviser of Funabashi Civic Cultural Hall.

From 2005 to 2006 he served as an instructor at Nagaoka University. Since 2009 he is a lecturer in a lifelong learning course, Adult Holiday Club (East Japan Railway Company). While giving lectures in various educational programs, he also writes articles for magazines including Band Journal (Ongaku no tomo sha).